



WHAT IS UUMAC?

We are the UNITARIAN UNIVERSALIST MID-ATLANTIC COMMUNITY. We gather each summer to learn, grow, retreat, and recreate together. We are open to people of all ages, races, abilities, genders, and sexual identities and orientations. UUMAC is intergenerational and our recreation is playful for everyone. For some, UUMAC is an ever-expanding family reunion, as we watch our children grow and mark the passing of dear ones. For others, UUMAC is an opportunity for rest and renewal, with quiet conversations and long evenings watching shifting clouds drift over rolling hills. Many seek intellectual discussion and the exchange of ideas. Most enjoy lively camaraderie on hikes, on bikes, while rafting or crafting, moving in line, or dancing out of step. Come alone or bring the whole family.

Our volunteer "buddies" will gladly orient first-timers to our community. We gather on the comfortable campus of DeSales University in Center Valley, Pennsylvania, about five miles southeast of Allentown. The campus features air-conditioned dorms and classrooms. Handicapped accessible rooms are available. The food court offers a wide menu selection.

The UUMAC program enables all ages to have quality time with their peers, as well as promoting interaction among age groups. We offer a wide variety of on- and off-campus activities, and we bring everyone together for Dancing, Carnival, Auction, and Showcase. Night Owls (middle school through adults) join in the community hall for games, music, dancing, and refreshments.

Come explore life's mysteries, share stories and life journeys, and experience the uniqueness of the individual within a loving, all-age community. We hope you will join us at UUMAC this July, 2006.

UUMAC 2006

July 16 - 22

SAVE THIS DATE SAVE THIS DATE SAVE THIS DATE SAVE THIS DATE

DeSales University Center Valley, PA

www.uumac.org

A TYPICAL UUMAC DAY

- Morning** Worship
 - Children's Program / Youth Program / Adult Program:
 - Theme Talk
 - Workshops
- Afternoon** Off-Campus Activities
 - Outdoor Games
 - Quiet time for reading, visiting, bridge, etc.
 - Theme Discussion
- Evening** Intergenerational Activity (Dancing, Auction, Concert, Showcase, etc.)
 - Vespers
 - Night Owls

Interactive Theme Talk

– Using APPRECIATIVE INQUIRY (AI) to tackle this exciting topic: **"HOW CAN WE BE MOST EFFECTIVE & FULFILLED LIVING OUT OUR UU VALUES?"** by **Jaco B. ten Hove**
On Monday the group will begin by learning the basics about "APPRECIATIVE INQUIRY" techniques, which will subsequently be used to tackle the topic. Jaco B. ten Hove will lead the weeklong theme talk with interactive training whose purpose will be to learn how to use AI to address the topic.



Asking the right questions is a key to fulfillment in strong relationships and effective groups. (That sounds easy enough, but notice just how often you ask really helpful questions.) We can always improve our ability to inquire appreciatively. In this week together we'll explore some inspiring principles and techniques that make sense and are immediately applicable, all with an eye toward deepening interpersonal and community connections.

Jaco B. ten Hove has been studying and applying "Appreciative Inquiry" since 1998, with three extended trainings under his belt so far and a contagious passion for this interactive field. He is co-minister, with spouse Barbara Wells ten Hove, of Paint Branch UU Church near College Park, MD. A "home-bred" UU from New Jersey and ordained in 1988, Jaco served solo for 10 years near Seattle, then teamed up with Barbara, coming to Maryland in 1999. They were theme speakers at UUMAC in 2001 ("Building F.A.I.T.H. in Community") and co-authored the popular 2003 UUA curriculum, *Articulating Your UU Faith*.

"Twenty years from now you will be more disappointed by the things that you didn't do than by the ones you did do. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover." – Mark Twain

"Throwing away ideas too soon is like opening a package of flower seeds and then throwing them away because they're not pretty." – written in *Creativity Fringes*, ed. Karl H. Mettke

Through appreciative inquiry you are able to grow by sharing. – Tae Harte

"To keep our faces toward change, and behave like free spirits in the presence of fate is strength undefeatable." -- Helen Keller

"Thought is the blossom; language the bud; action the fruit behind it" – R. Waldo Emerson

CO-MINISTERS OF THE WEEK

The Revs. Kerry Mueller and Dave Hunter together serve the Dorothea Dix Unitarian Universalist Community, in Crosswicks, New Jersey; Dave, in addition, serves our Cumberland, Maryland, congregation. They are both graduates of the Wesley Theological Seminary in Washington, DC, Kerry in 1994 and Dave in 2003. Before answering the call to ministry, they were active lay persons in the UU Church of Arlington, Virginia.

In his prior career, Dave was a civil rights attorney, serving in the Civil Rights Division of the Justice Department for 25 years. Kerry, who studied Greek at Bryn Mawr College and Cornell University, has among her accomplishments supervising the marketing of gondolas for Conrail. They have been frequent participants at UUMAC.

"The **Pennsylvania Shakespeare Festival** is held every summer at DeSales University. Many UUMACers enjoy attending PSF's full-scale professional productions during the UUMAC week. We are fortunate to have affordable plays by Shakespeare and other world famous playwrights presented right on campus during our stay." For more information go to their web site at www.pashakespeare.org



CHILDREN & TWEENS' PROGRAM
(Infants Through 8th Grade)

YOUTH PROGRAM
(Grades 9 Through 12)

YOUNG ADULTS PROGRAM
(Ages 18 to 35)



FINANCIAL AID FUNDS ARE AVAILABLE FOR ATTENDANCE AT UUMAC

PAST WORKSHOPS

(All workshops will be scheduled Monday through Friday, 10:30 A.M. to Noon. Adults attend one.)

- Articulating Your UU Faith
- Nurturing the Goddess
- '50s Dance
- Improvisation
- A Biblical Theology of Ecology
- Service-Learning for the Soul
- Parents as Spiritual Guides
- Conflict Resolution/ Anger Management for All Ages
- Where Is the Unity in Our Theological Diversity?
- Spa UUMAC or Zen and the Art of Weight Training
- Yoga

TYPICAL OFF-CAMPUS ACTIVITIES

- Whitewater Rafting
- Swimming
- Putting University
- Allentown Art Museum Art Party
- Challenge Ropes Course
- Moravian Bookshop
- Mike's Hike
- Habitat for Humanity
- Yuengling Brewery Tour
- Lake Nockamixon
- Columcille Megalith Park, Celtic Art Center and Meditation Sanctuary
- Peace Tour
- Quiet Valley Living Historical Farm
- Pennsylvania Shakespeare Company
- North Summit Climbing Gym
- Salvation Army Thrift Shop

ON CAMPUS ACTIVITIES

- Carnival
- Informal Workshop
- Vespers
- Night Owls
- Drumming Nightly Under the Stars
- Auction

THEME TALK

The daily Theme Talk is an opportunity to improve our understanding and application of our faith. The Theme Speaker, usually a UU minister and always one of our religion's many talented speakers, presents his/her ideas about the chosen theme. The talk finishes with questions and answers. The themes and speakers are different every year, but insights about what it means to be a UU are always present. The afternoon Talk-Back lets UUMACers discuss the talk of the day in a more conversational setting. The Theme Speaker facilitates and participates in the discussion.