

UUMAC Connections

...newsletter of the Unitarian Universalist Mid-Atlantic Community

Monday, July 21, 2008

Vol. 27, Issue 1



7:00 Breakfast in UC

8:30 Worship in UC Commonwealth

8:45 Children and Teachers leave for their program

9:15 Theme Talk in UC Commonwealth

10:00 Announcements and Coffee Break UC

10:30 Adult Workshops

Noon Lunch in UC Teens and younger check in

1:00ish Afternoon Activities

4:00 Choir Practice—for those who like to sing UC Commonwealth

4:30 Talk Back—for those who prefer arguing, er, discussion UC Hurd Room

5:30 Dinner in University Center

7:00 Contra Dance in McShea

9:00 Curfews and Night Owls begin

10:00 Vespers, Drumming

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Chris' cell: 908-217-2013

Robin's cell: 973-903-4989

Youth program Coordinator: Chris Buja

Youth Ministry at UUMAC

Thank you to the youth and parents and guardians who attended the orientation Sunday night. Here is a summary of the covenant between youth and adults:

Communicate regularly/check-in (at meals for example)

Remember 7 Principles and live by them

Listen actively and respectfully

Have fun and humor is important

No illegal activities

Be inclusive

Be part of community

Get "some" sleep/self-care

Be respectful of others

Be able to say "no"

Assume good intentions

For Monday July 21st...

Morning Youth Program: 9 a.m. McShea Dog Pound "What is the nature of humanity?"

Evening Youth Program: 11 p.m. McShea Dog Pound

Please consider joining a youth team to plan one of the following: Vespers, Night Owls, Bridging, Intergen Games (assist), Thursday worship story.

YOUTH MINISTRY WORKING GROUP!

Apply to join the team to work with the UUA to recommend a framework and strategy to apply findings of the Consultation to and with Youth and the Summit on Youth Ministry. This is an opportunity to shape UU Youth ministry for this millenium.

See Chris Buja and Youth-Adult Leadership for info and application.

Dear friends,

This is just a quick note to tell you how happy I am to be your minister of the week. I'll be leading you in morning worship and I'm here to be with you as friend and counselor for this week. If you are looking for me you can reach me on my cell phone (484) 321-1671.

With love, Rev. Virginia

I (Inge) will teach experienced crocheters my favorite stitch – very easy (once you catch on). It's called the Tulip or Diagonal Block Stitch. I have lots of yarn to use and a few crochet hooks to lend you. We could work on a crazy quilt afghan or a scarf to make. Look for me at Night Owls.

Capital Interweave made UU Pride hats for the PRIDE march. We have extra hats and patches for sell. They read "Unitarian Universalist Pride - A Welcoming Faith." See Ken Shilling if you want a hat or a patch. The hats are \$10, and the patches are \$6. The proceeds will be shared between UUMAC and Interweave. There are 9 hats and 10 patches. You can place an order for larger quantities.

Monday Vespers

Carry Me Home...to Myself. Join Ken, Karen, and Kelson. Share stories of coming to UUMAC and discovering yourself, being yourself.

We have come to UUMAC for most of 14 years.



Conmy Hall Monitors

Sunday 1st floor

9-10:30 Maryanne Prentice & Penny O'Brien

10:30 – midnight Jim Crocetto and Jean-Smyth Crocetto

2nd floor

Thanks!!!

9-10:30 Rebecca Kopatich and Fred Kopatich

10:30-12 Sheree Mullen and Heidi Jannsch

Monday 1st floor

9-10:30 Donna Klimowicz and Sharon Nanos

10:30-12 Steve Fox and Lisa Ward

2nd floor

9-10:30 Kay Wylie-Jacob and Joanne King

10:30-12 Bill Stratton and Robin Slaw

Tuesday 1st floor

9-10:30 Nina Lomax and Nicole Levesque

10:30-12 Jerry Cave and Carol Pine

2nd floor

9-10:30 Ken Shilling and Ron Nanos

10:30-12 Julia Watson and Mary Brower

Becoming I

News from the Children's Program

Today the children in K-5th grade will be reading a book called *What Is God?* by Etan Boritzer. When you see your children at lunch, ask them about their view of God. They will have written a journal entry or drawn a picture of their thoughts about God today. In *What Is God?* we are asked to imagine how we are connected to our family, and then extend those feelings to all the families of the world and see how we are connected. They will be thinking about how they can help make the world a little better through their actions.

The Tweens will be talking about how they see the world, and how the world sees them as Tweens, and asking themselves "Is it ok to be different?"

Reminders:

If you are a Tween, please bring your Tween Contract to class this morning. Find me at breakfast if you need another copy.

If you are K-Tween age, bring your t-shirts for tie dying today, so we can prep them for dyeing tomorrow. We have some extras, so if you forgot, please ask your parents to see me at breakfast.

Robin

A Yahoo News Tidbit

Creativity : Emotional Blocks Emotional blocks can affect our ability to communicate our creative ideas to others. One of these emotional blocks is a fear of taking risks and making a mistake. Another block is the predilection to judge ideas prematurely. This is why deferring judgment is a strategy used by creative people.

Another emotional block is the inability to tolerate chaos or ambiguity. New ideas are by nature not perfect. They are going to be rough around the edges and may have conflicting points. Through an iterative refinement process, you will be able to resolve these ambiguities.

The lack of a challenge can also be an emotional block. If you are not challenged, then you are not going to be interested in the outcome and it is unlikely that you will be able to put a lot of creative energy into new and interesting ideas. Picking problems that interest you, or finding ways to add excitement to uninteresting problems will help.

AND

Creativity : What Would Mom Do? If you are ever stuck in a meeting or brainstorm session where people are out of ideas or unable to agree on an issue, ask this question to get people thinking differently:

What would your mother do in this situation?

Not only does this infuse some humor into the situation, but it usually makes people a little more agreeable and a little less judgmental. After all, it's not very polite to disparage someone's mother. By thinking about what your mother would do, you are also forcing yourself to think about alternate solutions which can help come up with interesting ideas.